

**10 Tips - ICF Mentoring and Coach Certification**  
**From “The Certified Coach Mentor”**



TIP	For more information
<p><b>Tip #1 of 10:</b> Considering credential renewal and/or coach mentoring? These tips will help. ACC and PCC requirements will change beginning Oct 1, 2016. ACC applicants will be required to complete 100 hours of client-coaching experience following the start of their coach-specific training. For PCC that number will be 500 hours/450 paid. There are also minimum numbers of clients and time limits within 18-months of submitting your application.</p>	<p><a href="http://coachfederation.org/credential/">http://coachfederation.org/credential/</a></p>
<p><b>Tip #2 of 10:</b> Are you seeking to renew your ACC? It’s never too early to start gathering recordings toward your required 10-hours of mentoring. The Mentor Coaching requirement must be fulfilled prior to submitting your application to the ICF. (Example: You must have completed <b>a minimum of three months</b> and 10 hours of Mentor Coaching prior to today’s date if you were to submit your application to the ICF today.) Start planning now!</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=3325">http://coachfederation.org/credential/landing.cfm?ItemNumber=3325</a></p>
<p><b>Tip #3 of 10:</b> What exactly is mentor coaching? According to the ICF, Mentor Coaching means: “a credential applicant being coached on their coaching skills rather than coaching on practice building, life balance, or other topics unrelated to the development of an applicant’s coaching skill.” Mentor Coaching provides the opportunity to share your coaching skills with someone who can provide feedback regarding your use of the ICF Core Competencies. Mentor Coaching should take place over an extended time in a cycle that allows for listening and feedback from the Mentor Coach, and reflection and practice on the part of the individual being mentored.</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=3344&amp;navItemNumber=3377">http://coachfederation.org/credential/landing.cfm?ItemNumber=3344&amp;navItemNumber=3377</a></p>

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<p><b>Tip #4 of 10:</b> Group mentoring or Individual mentoring? 1-on-1 mentoring may meet your scheduling needs better than a group, and it provides feedback specific to your coaching. Group learning typically offers reduced cost and the opportunity to learn from other coaches. ICF requires that “A minimum of 3 of the 10 mentoring hours must be one-on-one coaching with the mentor. Group coaching may count for a maximum of 7 hours toward the mentoring requirement. The group being mentored may not consist of more than 10 participants.”</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=3440&amp;navItemNumber=3435">http://coachfederation.org/credential/landing.cfm?ItemNumber=3440&amp;navItemNumber=3435</a></p>
<p><b>Tip #5 of 10:</b> Ready to hire a mentor coach? The ICF has clearly defined the Duties, Personal Traits, and Competencies required in a mentor coach. Interview multiple mentor coach candidates and ask if they are familiar with these requirements and are confident that they will model each for you during mentoring!</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=2210&amp;navItemNumber=3364">http://coachfederation.org/credential/landing.cfm?ItemNumber=2210&amp;navItemNumber=3364</a></p>
<p><b>Tip #6 of 10:</b> “Who requires mentor coaching” is a little complex. The <u>ICF’s Guide to Credentialing</u> is a great source of information. The process of applying for an ICF Credential varies depending on the level of Credential you pursue and where you completed your coach-specific training.</p>	<p><a href="http://www.coachfederation.org/files/FileDownloads/CredentialPaths.pdf">http://www.coachfederation.org/files/FileDownloads/CredentialPaths.pdf</a></p>
<p><b>Tip #7 of 10:</b> “Who requires mentor coaching”, continued. If you are APPLYING for an ACC or PCC credential through the ACSTH or Portfolio path, then 10 hours of mentor coaching is required. If you are RENEWING your ACC, 10 hours of mentoring is required. Be sure to read all requirements for your situation using the “for more information” link. Another great resource is the ICF’s Guide to Credentialing in Tip #6.</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=2207&amp;navItemNumber=577">http://coachfederation.org/credential/landing.cfm?ItemNumber=2207&amp;navItemNumber=577</a></p>

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<p><b>Tip #8 of 10:</b> The ICF’s response to Frequently Asked Question: Can I be a mentor coach? “You can Mentor Coaches with the same level credential you hold or someone seeking a lower-level credential. For example if you are a PCC, you may be a mentor to ACC and PCC coaches.” We’ll spend our remaining tips suggesting criteria you may want to consider when hiring a mentor!</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=2209&amp;navItemNumber=766">http://coachfederation.org/credential/landing.cfm?ItemNumber=2209&amp;navItemNumber=766</a></p>
<p><b>Tip #9 of 10:</b> The ICF has a registry of mentor coaches. The registry states: “While you are not required to use this registry when selecting your Mentor Coach, those listed in this registry have agreed to follow the <a href="#">ICF definition of Mentor Coaching</a>, <a href="#">Best Practices for Mentor Coaches</a>, and in many cases have completed advanced training that has prepared them to provide high quality services to those that they are mentoring.”</p>	<p><a href="http://coachfederation.org/credential/landing.cfm?ItemNumber=3343&amp;navItemNumber=3379">http://coachfederation.org/credential/landing.cfm?ItemNumber=3343&amp;navItemNumber=3379</a></p>
<p><b>Tip #10 of 10:</b> When interviewing potential mentors ask about familiarity with the ICF Core Competencies, active coaching client load, coaching experience, specific coach mentor training, testimonials, scheduling options, and of course, pricing!</p> <p>In addition to this <b>10 Tips</b> sheet, request my <b>Recorded Coaching Calls and Mentoring</b> tip sheet!</p>	<p><a href="http://www.CertifiedCoachMentor.com">www.CertifiedCoachMentor.com</a></p>



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