



## Frequently Asked Questions - Group Coaching

### Why Group Coaching?

Anyone can read or Google HOW to do something. What is usually missing is the **support and accountability** to proceed and achieve **remarkable results!** Group coaching provides exactly this support, and that means **easier and accelerated growth for you.**

### Benefits of Group Coaching

- Gain **clarity and achieve goals** in a safe, fun environment
- Join a group tailored to your individual goals, desires, and needs
- Experience the **synergy and resources** generated by a small group experience
- Invest in an **affordable alternative** to one-on-one coaching
- Receive discounts on individual coaching, assessments, and products

### How Group Coaching Works:

- Three telephone sessions per month, one hour per session
- Dial-in to a pre-assigned number and you will be connected with your fellow group members (long distance charges may apply)
- Topics for each session are generated by the group
- Each call is recorded for ease of replay and relearning
- Three month, renewable commitment
- Your own acknowledgement partner to reinforce and celebrate your progress
- E-mail contact between sessions to celebrate victories and request support
- Complimentary [Synchronicity Mirror Kit](#)<sup>™</sup> (\$125 value) to start you off on the right foot
- All calls led by Certified [Inspired Learning Facilitator](#), Anne Kelly

During each call we'll take a few minutes to connect, to acknowledge our growth and progress since the previous call, present and discuss a topic of common interest, and, finally, capture your specific commitments to action before our next group coaching session.



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### Choose From Two Special Interest Groups:

- **Inspired Learning** Group Coaching: Do you offer classes, seminars, workshops or training as part of your practice? This group allows you to experience firsthand the [Inspired Learning Model](#)<sup>™</sup> and supports you in incorporating this safe and supportive environment into your offerings.
- **Holistic Business Building** Group Coaching: For current or future holistic entrepreneurs who want to take their business to the next level. (Suggested pre-requisite, [Holistic Business Building TeleClass](#).)

**Cost:** \$111 per month for Group Coaching. (*Individual coaching is also available at the rate of \$375 per month.*)

**Schedule:** A new group begins with 4 to 6 committed and registered participants. You may choose daytime group coaching (Thursdays from 12 noon to 1:00 pm ET) or evening group coaching (Tuesday or Wednesday evenings from 7:00 pm to 8:00 pm ET).

*New groups are forming all the time.*

Contact [A New Leaf Coaching](#) today for a list of opportunities.

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*Anne Kelly supports trainers, educators, and holistic entrepreneurs who want to do what they love, AND earn a good living. Read an archive of Anne's published articles and "how-to" tips for the small business owner, by visiting [www.ANewLeafCoaching.com](http://www.ANewLeafCoaching.com).*